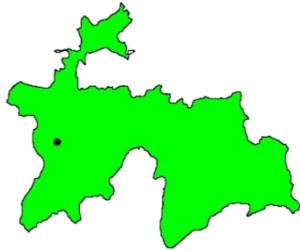


# TSP NEWSLETTER

Stichting Tajikistan Support Project



# TSP

Проект Поддержки Таджикистана

## ***TOGETHER DEVELOPING NEW DIRECTIONS***

*After the visit of Terie Leijs to Tajikistan, in 2010, and the return of Gerard Ketels from Sudan to the Netherlands, this January 2011, the connections with our projects are intensified.*

## **COORDINATION IS KEY, FOR DEVELOPMENT AID TO BE EFFECTIVE**

At the moment, Gerard is trying to intensify the communication with other (I) NGO's active in the field of mental health and social well being. TSP managed to establish contact with Abilis from Finland, who funded the Hamdilon program over the year 2010, and VSO who are active in mental health institutions. GIP Netherlands participates in a consortium with "World Granny" and "Medisch Committee Vietnam" and managed to get funding for a 5 year multi-country program, Tajikistan is one of the beneficiaries. TSP plans to integrate the Hamdilon support into this scheme. You will find more information on these issues in the next newsletter.

## **GREAT FUNDRAISING**

De Parelmuzikanten in Oosterwijk, Netherlands, organised a very successful jubileum, Parelproms, concert in Cultural Center Tiliander. They managed to raise 1000 euro for TSP. Indonesian foodshop Bogor Permai in Diemen donated their full tip bowl of 1100 euro to TSP. All the initiators and contributors ... thank you very much!!

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February 2011

### **Summary:**

- *Coördination of help*
- *Fundraising*
- *The projects*

**Great fundraising in 2010**

### **Parelproms**



### **Bogor Permai**



## CHILDREN'S CENTRE

Terie re-established the communication with Dr. Zebo, director of the Centre. The outcome is that TSP decided to, step by step, re-vamp the support to the Children's Centre.

Our TSP contact person Muzaffar Muzaffarov will buy play material for 200 dollar and he monitor it during the following months. Future donations will depend on this experience and the expressed needs.

## LAKKON HOSPITAL

The farm is doing very well. The last six months of 2010 Dr. Rustam received \$ 1000 which was used to buy food items, desperately needed to supplement the menu which is still very meagre. TSP did not manage to establish a pilot rehabilitation project. We experienced too many challenges while kick starting this innovative project. Hence TSP decided to concentrate on Dushanbe region where the conditions are better. In a later stage we plan to return to Sogd Oblast.

## HAMDILON

The usermovement gradually manages to gain a foothold in the established psychiatric services. For example they set up an userclub in Rudaki hospital and organised recreational and informative activities in 4 hospitals during the World Mental Health Day. Additionally the number of regular visitors to the userclub increased from 9 to 26. Finally Hamdilon participated in radio and tv talk shows to advocate the rights of users and fight stigma. Now that Hamdilon takes wings it desperately needs all the support it can get. TSP commits itself to Hamdilon for the coming year.

### ***New Year 2011***

*We thank all the people who have supported our projects  
in the past year 2010.*

*We wish You all a good and healthy new year 2011.*

*Gerard, Clemens, Terie.  
TSP Board*

### **Children's Centre**



Consultation Dr. Zebo en Dr. Shokir

### **Lakkon**



Too less food to live from

### **Hamdilon**



visitor Andrei at the userclub

**Support  
the  
TSP Projects**